

# Birla Open Minds Preschool Newsletter



Dear Parent

Warm Greetings!

Welcome parents to the August newsletter of the Academic Session 2023-24.

“Holistic education is about cultivating a student's capacity for learning, creativity and self-awareness.”-Jack Miller.

New Education Policy (NEP) 2020 aims to make education more inclusive, equitable, and holistic. It aims at the holistic development and child centric education. As per their first developmental goal, which postulates health and well-being of the child, the physical (gross and fine) motor development, socio emotional development, nutrition, hygiene practices and safety needs to be considered. We at Birla Open Minds Preschool, are revolutionary and have implemented various procedures to include all the above said developmental milestones, even before NEP 2020 made such recommendations.

The school provides a stimulating environment and engaging classroom setting, where teacher facilitates the children through various daily routines and creative activities, makes anecdotes, creates comprehensive checklist to provide clear and structured framework for recording the observations. A clearly defined rubric scale is made to showcase the prominence of the development of the child and is reported to the parents, which is further discussed upon.

Birla Open Minds Preschool, stands by its vision to provide a happy, caring and stimulating environment where children will recognize and achieve their fullest potential, so that they can make their best contribution to society.

Regards

Editor

**Birla Open Minds Preschool.**

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## Pre –Nursery

**Fabulous family**

**Tinker toys**

Themes in the month of  
August

## K1

**Enormous Earth**

**Cultural week**

**Fun forest**

## Nursery

**Murky Mud**

**Slippery sand**

**Cultural week**

**Towering trees**

Themes in the month of  
August

## K 2

**Enormous Earth**

**Cultural week**

**Fun forest**

## Parent Engagement

By **R Ramya**

"Watching a child makes it obvious that the development of his mind comes through his movements."  
-Maria Montessori



“A child needs to move his/her body to prepare her/his brain for learning”.

The physical development skills impacts the cognitive skills, retention, attention and thinking skills of the child. Through physical development, a child gets into contact with new challenges that uphold their self-esteem. So supporting preschool children’s physical development complements their overall accomplishment.

**Below are the few physical activities that can be done by the child (as well as the parent) at home or outside**

- Cycling
- Walking
- Yoga
- Dancing
- Hula Hooping
- Ball catch and throw
- Skipping
- Drop and kick the ball
- Keeping the balloon not touching the ground
- Doing Household Chores
- Swimming
- Balance walking on the line patterns (draw on the floor)

FASCINATING MOMENTS OF THE MONTH

## FRIENDSHIP DAY CELEBRATION



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ENTHRALLING MOMENTS OF THE MONTH

## INDEPENDENCE DAY CELEBRATION



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ENTHRALLING MOMENTS OF THE MONTH

## TELUGU LANGUAGE DAY CELEBRATION



ENTHRALLING MOMENTS OF THE MONTH

## ONAM CELEBRATION



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## EXPERIENTIAL LEARNING - LITTLE HANDS AT WORK

I Hear and I Forget, I See and I Remember, I Do and I Understand



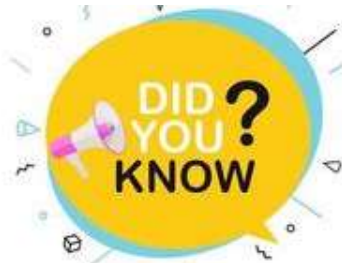


## EXPERIENTIAL LEARNING - LITTLE HANDS AT WORK

I Hear and I Forget, I See and I Remember, I Do and I Understand



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Trees can send warning signals to other tree about insect attacks.

Trees have an underground communication and interaction system driven by fungal networks. "Mother trees" pass on information for best growth patterns and can divert nutrients to trees in need. They are more likely to give nutrients to trees of the same species.

Trees have a theoretical maximum height of between 400 and 426 ft. and cannot grow taller due to the opposing force of gravity. They are unable to get water higher up the tree and the leaves at the top are effectively under drought conditions.



Trees recognize their children, sending them more carbon below ground and reducing their own roots to make room for their kids.

According to psychologists, exposure to nature allows us to remember and value important things like relationships, sharing and community.

Being in a green setting or even glancing at the color green can make a person more creative.

Rainbow Eucalyptus trees on Maui, Hawaii The phenomenon is caused by patches of bark peeling off at various times and the colors are indicators of age. A newly shed outer bark reveals bright greens which darken over time into blues and purples and then orange and red tones.

**Birla Open Minds**

# Preschool Newsletter

## BIRTHDAY BABIES OF AUGUST



## Next Month

### Important Dates

#### Celebrations

Teacher's day - 5<sup>th</sup> September, 2023, Tuesday  
Janmastami celebration - 6<sup>th</sup> September, 2023, Wednesday  
Ganesh Chaturthi celebration - 15<sup>th</sup> September, 2023, Friday  
Gandhi Jayanthi celebration - 28<sup>th</sup> September, 2023, Thursday

#### Holidays

Janmastami - 7<sup>th</sup> September, 2023, Thursday  
Ganesh Chaturthi - 18<sup>th</sup> September, 2023, Monday  
Eid-e-Milad - 29<sup>th</sup> September, 2023 Thursday

#### Event:

World Coconut day - 1<sup>st</sup> September, 2023, Friday  
Parent child reading club - 11<sup>th</sup> to 13<sup>th</sup> September, 2023, Monday to Wednesday  
Hindi Diwas - 13<sup>th</sup> September, 2023, Wednesday  
International day of sign languages - 22<sup>nd</sup> September, 2023, Friday  
World rivers day - 25<sup>th</sup> September 2023, Monday

### Pre - Nursery

Beautiful Butterflies  
Playful pets

#### Upcoming Themes

### K1

Fun forest  
Buzzing bugs  
Only Ocean

### Nursery

Adventurous animals  
Creepy crawlies  
Fussy Fish

#### Upcoming Themes

### K2

Fun forest  
Buzzing bugs  
Only Ocean