

Birla Open Minds Preschool Newsletter



Dear Parent,

Earnest Greetings!

Welcome Parents to the December Newsletter of the Academic Session 2023-24.

“It's not how much we give but how much love we put into giving.” –
Mother Theresa.

December the month of joy, celebration and gratitude. It brings immense joy to us when we see a smile in the eyes of a fellow human.

“Christmas is the spirit of giving without a thought of getting back anything except for good wishes. It is happiness because we share with others. It is forgetting self and finding time for others. It is discarding the meaningless and stressing the true values” says Thomas S. Monson

We celebrated with great fervor and enthusiasm. The students and parents expressed their gratitude towards their blessed life by generously donating during the joy of giving week, to make a difference in the life of those who are not as fortunate as us. Gratitude towards each and every parent who exhibited their compassion and empathy towards their fellow human beings.

Birla Open Minds Preschool encourage its preschoolers to participate in simple acts of kindness, which is part of their social skills learning in their class, like sharing toys with their classmates, helping a friend, setting the table for activities, picking up toys and cleanup and many more activities. thereby fostering the sense of empathy and compassion in the students.

When these values are instilled at a younger age, children develop a lifelong habit of helping others and become active members of their communities.

Regards

Editor,

Birla Open Minds Preschool.

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Pre –Nursery

Beautiful birds
Foodie farms
Blooming buds
Fresh fruits

Themes in the month of
December

K1

Busy birds
Famous flowers
Green growers

Nursery

Beautiful birds
Friendly farms
Fragrant flowers
Fun fruits

Themes in the month of
December

K 2

Busy birds
Famous flowers
Green growers

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Parent Engagement

Scientific ways of approach to make a child learn, understand and relate the teachings naturally.

Ms.Huda Azam, Center Head, BOMPS, Jubilee Hills

To support child's curiosity and inquisitive nature, we as a parent and teacher can facilitate the integration of experimentation and questioning during their favorite activities where they are involved. This is called scientific approach as it is learning process, designed to make the students actively construct their own knowledge through stages of scientific method. Here the parents can be a great source wherein this method of approach can do wonders. Some approaches are as follows :-

1) Learning Space:

Find a space in your home that can be used every day for learning. Offer your child the chance to decorate that area how He/She feels like (eg: draw a sign adding favorite toy, pillow, story books, etc).

2) Daily Schedule:

Write a simple list of activities that your child needs to complete each day. It can include breaks for snacks, physical activity, playing time, etc. Normally these younger children need more breaks. The schedule made can get decorated by child of its choice.

3) Predictable Routine:

Review the daily schedule and make sure you understand and help your child to build be independent (like wearing shoes by their own, trying to eat by themselves, etc). Also most importantly let your child know when and how they can ask for help.

4) Goals and progress:

Together with your child, set a behavioral expectations and review them daily. It should be only about progress not perfection. Mark daily progress and use your child's favorite activities as rewards for showing effort and progress.

5) Closeness and connection:

Start each day with a brief joyful experience like a fun greeting, song and dance. Create opportunities for your child to be helpful (eg: household chores, on cooking or setting up table or reading to siblings). Create opportunities for your child to share their worries and provide reassurance. These are the best and natural ways of approaches where the child is involved and understanding becomes easy for them.

FASCINATING MOMENTS OF THE MONTH CHRISTMAS CELEBRATION



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ENTHRALLING MOMENTS OF THE MONTH

JOY OF GIVING WEEK



ENTHRALLING MOMENTS OF THE MONTH

CHRISTMAS DECORATIONS



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ENTHRALLING MOMENTS OF THE MONTH

PUPPET SHOW



ENTHRALLING MOMENTS OF THE MONTH

ART FEST- BOMIS



ENTHRALLING MOMENTS OF THE MONTH

FIELD TRIP TO PRAJWAL NURSERY – K2



ENTHRALLING MOMENTS OF THE MONTH

FIELD TRIP TO PRAJWAL NURSERY – K1



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ENTHRALLING MOMENTS OF THE MONTH

GREY COLOUR DAY CELEBRATIONS – N & PN



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EXPERIENTIAL LEARNING - LITTLE HANDS AT WORK

I Hear and I Forget, I See and I Remember, I Do and I Understand



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EXPERIENTIAL LEARNING - LITTLE HANDS AT WORK

I Hear and I Forget, I See and I Remember, I Do and I Understand



EXPERIENTIAL LEARNING - LITTLE HANDS AT WORK

I Hear and I Forget, I See and I Remember, I Do and I Understand



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EXPERIENTIAL LEARNING - LITTLE HANDS AT WORK

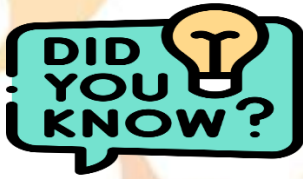
I Hear and I Forget, I See and I Remember, I Do and I Understand



EXPERIENTIAL LEARNING - LITTLE HANDS AT WORK

I Hear and I Forget, I See and I Remember, I Do and I Understand





TOP 10 Fruit Facts

1. Eating lots of fruit lowers the risk of developing chronic disease



6. Fruits are nutrient dense, and provide our bodies with essential vitamins & minerals

2. Fruit makes you strong



7. Fruit makes you glow

3. Water content in fruit makes your skin soft & supple



8. Fruit boosts brain power

4. All fruits have antioxidants which combat free radicals



9. Fruit helps prolong the natural changes of aging by protecting & rejuvenating cells

5. Fruit is high in fiber, helping ward off fats & cholesterol from the body



10. Fruit makes you HAPPY!

REASONS TO EAT YOUR VEGGIES



An eggplant's peel can fight against cancer and aging.



Carrots help the body maintain connective tissue, teeth, and gums.



Tomatoes can help lower the risk of cancer.



Cauliflower is an excellent source of Vitamin C.



Cucumbers can help reduce constipation.



Broccoli protects you from cancer.



Lettuce can help increase bone mass.



Yams help maintain your night vision!



Eating an apple is a more reliable method of staying awake than consuming a cup of coffee.

The only fruit that has its seeds on the outer skin is the strawberry.

Next Month

Important Dates

Celebrations

Sankranti celebration and Bonfire night – 12th January, 2024, Friday
Republic day celebration – 25th January 2024, Thursday

Holidays

New year – 1st January, 2024, Monday
Sankranti – 15th to 19th January 2024, Monday to Friday
Republic day – 26th January 2024, Friday

Event

PTC - II – 06th January 2024

Pre - Nursery

Fresh fruits
Various vegetables
Comfy cars

Upcoming Themes

K1

Green growers
Growing grains

Nursery

Fun fruits
Various vegetables
Comfy cars

Upcoming Themes

K2

Green growers
Growing grains
Why Wheels