

Birla Open Minds Preschool Newsletter

September

Dear Parent,

Warm Greetings!

“We don’t learn from experience...We learn from reflecting on experience”– John Dewey.

Welcome you all to our September Newsletter Edition of the Academic Session 2022-23. The month of September was the month of reflection for the students of Birla Open Minds, Chandanagar. The students reflected on the experiences and the conceptual learning they were exposed to, within and beyond the classroom.

Pause and Reflect!!

Reflection of learning is very important in the cycle of knowledge gain. Grades Prenursery to Grade 1 students reflected on the concepts learnt earlier through “Theme culmination” . Student Led Conference and Project Based Learning / assessment encouraged students to record about their learning. It supported the growth and encouraged students to improve and learn from their mistakes. The initiatives were highly appreciated by our parents and a deep understanding of individual child’s learning came to fore. Of course! the exciting time for our students is ongoing with everyone geared up to end the term with the vibrant Bathukamma and Dussera celebration. Of course! the Dussera Vacations too.

Regards

Editor

Birla Open Minds Preschool.

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Pre –Nursery

Amazing Animals

Beautiful Butterflies

Themes in the month of
September

K1& K 2

Buzzing Bugs

Only Ocean

Nursery

Towering Trees

Adventurous Animals

Creepy Crawlies

Themes in the month of
September

Gr 1 & G2

**People, places &
environment**

Theme End Assessment

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Parent Engagement

Read – Reflect !!



WAYS TO ENCOURAGE READING

- Have an array of interesting books at your child's reading level at your home to provoke the healthy reading habit.
- Make them understand that reading is not only about reading books, it's about essential things around us, like reading road signs, menu, movie names, game guides, grocery names at the supermarket, etc.
- Read with your child every day, make bedtime story reading a habit.
- Make it fun by reflecting on their favourite characters and parts of the story.
- Ask the child open ended questions on how different the story end can be, which increases their creativity, imagination and critical thinking.
- Take turns to read aloud.
- If it's is a play, you can try acting it out with your child.
- If your child uses technology more, make them to use it wisely by installing reading apps and use e-readers.
- Let them choose what they want to read, but guide them to choose age-appropriate books.
- Show interest in their reading habit and genuinely praise for their efforts
- Once your child is into the regular reading habit, give them target.
- On the next level, you can create a reading challenge as a family, where every member is a part.
- Make sure that reading is fun, not frustrating for the child, through games.
- Be a role model reader...because child is a best imitator. Action speaks louder than words!!

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by *Ms.Kanak Kukreja*

MANAGING YOUR CHILD'S SCREENTIME

While screens are a part of today's culture, there are health benefits related to reducing screen time, including improved physical health, decreased obesity and more time to play and explore. This is especially true for children spending considerable time learning on computers and tablets.

These 6 tips can help you trim your children's screen time when not in school:

1. Be accountable.

Set expectations with your children, and set goals to be intentional about reducing screen time.

2. Be realistic.

If your children are spending a lot of leisure time on screens, including watching TV, start by setting smaller, more attainable goals. Instead of jumping right to the recommended one to two hours or less per day, start by cutting their current screen time by half.

3. Be engaged.

After school or work, spend time each day talking face to face with children and give them your full attention.

4. Put hand-held devices away.

During screen-free hours, put devices away or at a charging station in a common area so they're not attracting your children's attention.

5. Create phone-free zones in the home.

Making family meal areas a phone-free zone is an easy way to start.

6. Go outside.

Putting down the phone and taking a walk or playing outdoors increases your endorphins and provides that feeling of happiness in your brain, boosting your mood and improving your physical health.

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SHOW YOUR
TALENT

- Parent/Child Corner



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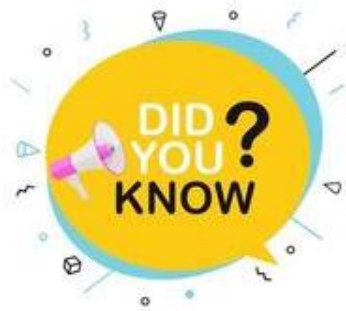
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DID YOU KNOW?

A TREE CAN ABSORB UP TO 48 LBS OF
CARBON DIOXIDE A YEAR.
PLANT A TREE - REDUCE GLOBAL
WARMING.

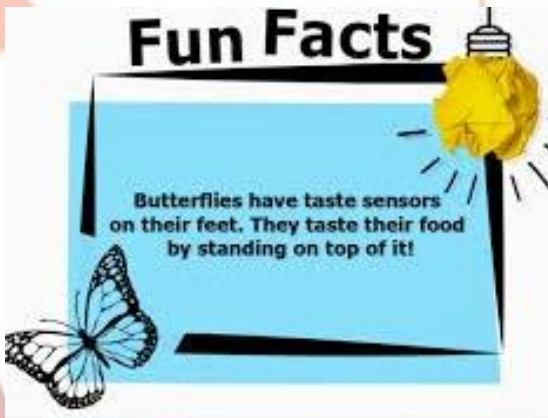


did you know?

Trees 'talk' by exchanging chemicals. They communicate through underground fungi, and when they can recognize their relatives, they share nutrients. Basically, tree 'families' help each other out.



Fun Facts



02. Praying mantises only have **one ear**. They are the **only species of animals** known to have **only one ear**.

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The **Hercules beetle** can support 850 times its own weight on its shell.



Buzzle.com

3 fun ocean facts

1

There are more historic artefacts under the sea than in all of the world's museums.

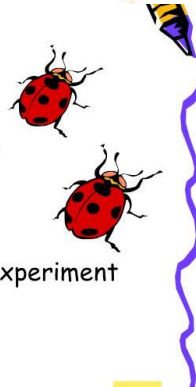
2

It's possible to find rivers and lakes beneath the ocean.

3

Less than 5% of the planet's oceans have been explored.

- Their wings flap 85 times per second
- Their spots fade as they get older
- They hibernate and live off stored fat
- Males are smaller than females
- 4 ladybugs were sent to space for an experiment in 1999 - and survived!



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Next Month

Important Dates

Celebrations

Diwali celebration- 21st October, 2022, Friday

Holidays

Dussera Holidays– 24th September,2022 Saturday to 9th October, 2022, Sunday.

Diwali Holidays– 24th & 25th October,2022 Monday & Tuesday.

Events

World Student's Day – 14th October, 2022, Friday

Grandparent's Day – 22nd October, 2022, Saturday

Pre – Nursery

Playful Pets

Simply Sound

Recap

Upcoming Themes

K1& K 2

Only Ocean

Flickering Fire

Recap

Nursery

Fussy Fish

Singing Sounds

Recap

Upcoming Themes

Gr 1 & 2

Our Universe